# Alhambra Medical University

*Asian Body Work Therapist Program*

## Complete Course List (2013)

| *Code* | *Course Title* | *Hours* |
|---|---|---|
| **Phase I – 250 Hours** | | |
| #111 | Anatomy & Physiology I 解剖生理学 I | 72 |
| #112 | Chair Massage I 椅背按摩 I | 28 |
| #113 | Swedish Massage I 瑞典按摩 I | 22 |
| #114 | Shiatsu I 日式指压 I | 28 |
| #115 | Health & Hygiene 公共卫生 | 8 |
| #116 | Business Practice 如何执业 | 4 |
| #117 | Health Boundaries for Body Work 执业范围 | 16 |
| #118 | Lymphatic Draining Massage 淋巴排毒按摩 | 20 |
| #119 | Tui-Na 推拿 | 52 |
| **Phase II – 250 Hours** | | |
| #211 | Anatomy & Physiology II 解剖生理学 II | 28 |
| #212 | Chair Massage II 椅背按摩 II | 28 |
| #213 | Swedish Massage II 瑞典按摩 II | 40 |
| #214 | Shiatsu II 日式指压 II | 32 |
| #215 | Foot Massage 足底按摩 | 42 |
| #216 | Clinical Pathology 临床病理学 | 40 |
| #217 | Kinesiology 运动学 | 32 |
| #218 | CPR & First Aid 心肺复苏和急救 | 8 |
| **Phase III – 250 Hours** | | |
| #311 | Sports Massage 运动按摩 | 26 |
| #312 | Hydrotherapy 水疗 | 20 |
| #313 | Swedish Massage III 瑞典按摩 III | 38 |
| #314 | Deep Tissue Massage 深部组织按摩 | 32 |
| #315 | Combo Massage 整合按摩 | 36 |
| #316 | Trigger Point Therapy 扳机点疗法 | 28 |
| #317 | Hot Stone Massage 热石疗法 | 20 |
| #318 | Internship 按摩实习 | 50 |
| **Total** | | **750 Hours** |