Alhambra Medical University
2013 continuing Education Seminars

Jan. 27 — Integrative Treatment for Cardiovascular Diseases (Chinese) — 1pm - 6pm, 5 CEUs

In this class the instructor will first review the anatomy and physiology of the cardiovascular system, then introduce the common causes and risk factors of cardiovascular diseases. Students will learn the differential diagnosis methods based on both TCM and Western medical theories and treatment protocols of TCM and Western Medicine, with the emphasis on treatments of Acupuncture and Herbal formula.

Instructor: Zhang, Jian MD (China), L.Ac.

Dr. Zhang received his MD degree from Dalian Medical University in China in 1984, specializing in Cardiothoracic Surgery. Dr. Zhang completed advanced acupuncture training at Samra University of Oriental Medicine and received his Master's degree in Oriental Medicine. He is on the faculty of three TCM schools in the Los Angeles Area, and also a Clinic Supervisor in Alhambra Medical University Clinic.

Feb. 24 — Medical Incense — 1pm - 5pm, 4 CEUs

Medicinal incense has a long history in China. Records of it exist since early in the Han dynasty. It is most often used for treating headaches, damp diseases, respiratory diseases, and so forth. It has also been used to purify rooms, and to prevent spreading of epidemics or insect-borne illnesses. In this class the methods and uses of medicinal incense will be explored, and formulas from the Song dynasty up through the post-dynastic era will be examined and discussed. A few types of medicinal incense will be made in class. A $5.00 materials fee will apply.

Instructor: Wilcox, Lorraine Ph.D, L.Ac.

Dr. Wilcox has been a licensed acupuncturist in California since 1989. She is on the faculty of three schools in the Los Angeles area and is the author of two books on moxibustion (Moxibustion: The Power of Mugwort Fire and Moxibustion: A Modern Clinical Handbook). Dr. Wilcox loves to find different moxibustion techniques from the old Chinese books and try them out. She also likes some of the modern innovations in moxibustion from Korea and Japan, the ones that do not involve electricity.

Mar. 24 — Cosmetic Acupuncture (Chinese) — 1pm - 5pm, 4 CEUs

In this class students will learn the etiology of wrinkles and several other skin disorders on the face, and how to improve those conditions and delay the aging process by applying Cosmetic Acupuncture techniques, according to the theories of Traditional Chinese Medicine. Cosmetic Acupuncture, or Acupuncture Facial rejuvenation, is finding its way into an increasing number of full-service spas these days. This new modality can enhance not only the physical appearance but also the overall health.

Instructor: Chan, Steven, Ph.D, L.Ac.

Dr. Chen received his Chinese Medicine education in Beijing University of Traditional Chinese Medicine in China, and has over 30 years of experience practicing Chinese Medicine in both China and the United States. Also a lifelong educator, Dr. Chen has lectured in UCLA dental school and various Acupuncture colleges in the Los Angeles area. He is currently a Professor of TCM Dermatology in Dongguk University Los Angeles, and Clinic Supervisor in Alhambra Medical University Clinic. Dr. Chen also has his own clinic in San Gabriel CA.

Apr. 21 TCM Treatment for Female Infertility 1pm - 5pm, 4 CEUs

One American couple out of 5 or 6 currently experiences infertility. Infertility grows more common with increasing of age, about 33% of couples in their late 30s are infertile. Other than the age and physical elements, stress, life styles, and environmental factors such as overexposures to certain pesticides and chemicals, all play a role in infertility. In this class the instructor will go over the common causes of female infertility, TCM differential diagnosis, TCM treatment protocols, and integrative treatment of TCM and western medicine for female infertility.

Instructor: Zhang, Ji, OMD (China), Ph.D, L.Ac.

Dr. Zhang graduated from Nanjing University of TCM in China and became an instructor/Doctor in Nanjing University of TCM in 1983. His specialty is research and clinical application of Chinese herbs. Dr. Zhang joined the writing group to edit the biggest herbal medicine dictionary in the world, which included over 10,000 herbs and was published in 1999. Dr. Zhang has 30 years of clinical experience and is currently a faculty member of Alhambra Medical University, Emperor's College, and Dongguk University Los Angeles.

May. 19 Integrative Treatment for Voice Disorders (Chinese) 1pm - 5pm, 4 CEUs

In this class students will learn the structure and physiology of the vocal system, common characteristics and causes of voice disorders, Western Medicine's diagnostic and treatment methods; TCM's differential diagnosis and treatment methods (Acupuncture, Tuina, Herbs…); vocal muscle training exercises to improve muscle strength will also be introduced. Several clinical cases will be presented and analyzed.

Instructor: Yaowen Hong, L.Ac.

Dr. Yaowen Hong is a tenor, vocal therapy specialist, and an Acupuncturist. He is known for his successful singing career and his vocal therapy in China. With his unique Pharyngeal Voice Theory, Dr. Hong has cured many patients with various vocal disorders, which include voice hoarseness, pharyngeal edema, vocal cord nodules and paresis, vocal muscle weakness, and vocal cord inflammation and pain, and so forth. Dr. Hong received his Master's degree from Samra University of Oriental Medicine and has a private practice in the San Gabriel Valley.

Jun. 23 Integrative Treatment for Cardiovascular Diseases 1pm - 6pm, 5 CEUs

In this class the instructor will first review the anatomy and physiology of the cardiovascular system, then introduce the common causes and risk factors of cardiovascular diseases. Students will learn the differential diagnosis methods based on both TCM and Western medical theories and treatment protocols of TCM and Western Medicine, with the emphasis on treatments of Acupuncture and Herbal formula.

Instructor: Zhang, Jian MD (China), L.Ac.

Dr. Zhang received his MD degree from Dalian Medical University in China in 1984, specializing in Cardiothoracic Surgery. Dr. Zhang completed advanced acupuncture training at Samra University of Oriental Medicine and received his Master's degree in Oriental Medicine. He is on the faculty of three TCM schools in the Los Angeles Area, and also a Clinic Supervisor in Alhambra Medical University Clinic.

Jul. 21 Healing with Seasons (Chinese) 1pm - 5pm, 4 CEUs

Our bodies and moods change as the seasons change, therefore seasonal healing is one the best ways to retune and renew our health. Under the concept of Oneness in TCM, one must learn how to harmonize his body with the world around him. By altering the diet and lifestyle with the change in the seasons, one is able to live a longer healthier life. In this class students will learn the seasons of lives and healing principles of four seasons; things to do or not to do according to the characteristics of the seasons, and how to choose the right diet, herbs, detox methods according to seasons, to optimize the healing effects and improve one's over all well-being.

Instructor: Xu, Xingsheng, Ph.D, L.Ac.

Dr. Xu received his Ph.D in Traditional Chinese Medicine at Shanghai University of Traditional Chinese Medicine in 1989. In 1992 Dr. Xu went to Japan and established Dexing Hanfang Medical Institution at Kyushu Japan and was appointed the Honorary Director of Chinese Natural Health Magazine of Japan. In 1999 Dr. Xu won the First Place in Chinese Herbal Medicine Results in Shuguang Hospital, an affiliate hospital of Shanghai University of Chinese Medicine, and was awarded the title Chief Chinese Medical Doctor. Currently Dr. Xu is on the faculty of Alhambra Medical University and has a private practice in San Gabriel CA.

Aug. 18 Cosmetic Acupuncture 1pm - 5pm, 4 CEUs

In this class students will learn the etiology of wrinkles and several other skin disorders on the face, and how to improve those conditions and delay the aging process by applying Cosmetic Acupuncture techniques, according to the theories of Traditional Chinese Medicine. Cosmetic Acupuncture, or Acupuncture Facial rejuvenation, is finding its way into an increasing number of full-service spas these days. This new modality can enhance not only the physical appearance but also the overall health.

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Sep. 22 Treating Hypertension with TCM (Chinese) 1pm - 5pm, 4 CEUs

Hypertension affects 1 in 4 American adults, and is a major risk factor for stroke, myocardial infarction (heart attack), heart failure, aneurysms of the arteries, peripheral arterial disease, and is also a cause of chronic kidney diseases. In this class students will learn the hypertension treatment with TCM modalities, including acupuncture and herbs, which proved to be very effective by many recent studies. Students will also learn the integrative treatment using both western medicine and TCM to help patients get their hypertension under control.

Instructor: Liu, Dongmei, MD, Ph.D, L.Ac.

Dr. Liu graduated from Sun Yat-Sen Medical University in China, and acquired her PhD degree from Tokyo University, Japan. She has published more than 50 papers in peer-reviewed medical journals at the University of Nebraska Medical Center and Tokyo University. Currently, Dr. Liu is on the faculty of Alhambra Medical University and an acupuncture researcher at UC-Irvine. Dr. Liu holds an USMLE medical Certificate and is one of the few outstanding professionals in the fields of both Eastern and Western Medicine.

Oct. 20 Essential Oil Application on TCM Meridian System 1pm - 5pm, 4 CEUs

An essential oil is a concentrated hydrophobic liquid containing volatile aroma compounds from plants. In this class the instructor will give an overview of the aromatic essential oils from the perspective of TCM; the history and distillation of essential oils in China; and the uses of the oils in traditional medicine. The energetic and therapeutic qualities of essential oils native and foreign to China will be introduced, and clinical cases will be given and discussed.

Instructor: Gomberg, Steve, L.Ac.

Dr. Gomberg graduated with a M.T.O.M. degree from Emperors College of Traditional Oriental Medicine in 2000. Dr. Gomberg has also been certified as a clinical nutritionist by the Clinical Nutrition Certification Board and is registered as a practitioner of botanical medicine by the American Herbalists Guild. Dr. Gomberg currently teaches herbal medicine, nutritional medicine and oriental medical theory at American University of Complementary Medicine and Alhambra Medical University, and has a private practice in Los Angeles, CA.

Nov. 17 TCM Treatment for Male Infertilities (Chinese) 1pm - 5pm, 4 CEUs

One American couple out of 5 or 6 currently experiences infertility. Infertility grows more common with increasing of age, about 33% of couples in their late 30s are infertile. Other than the age and physical elements, stress, life styles, and environmental factors such as overexposures to certain pesticides and chemicals, all play a role in infertility. In this class the instructor will go over the common causes of male infertility, TCM differential diagnosis, TCM treatment protocols, and integrative treatment of TCM and western medicine for male infertility.

Instructor: Xu, Xingsheng, Ph.D, L.Ac.

Dr. Xu received his Ph.D in Traditional Chinese Medicine at Shanghai University of Traditional Chinese Medicine in 1989. In 1992 Dr. Xu went to Japan and established Dexing Hanfang Medical Institution at Kyushu Japan and was appointed the Honorary Director of Chinese Natural Health Magazine of Japan. In 1999 Dr. Xu won the First Place in Chinese Herbal Medicine Results in Shuguang Hospital, an affiliate hospital of Shanghai University of Chinese Medicine and was awarded the title Chief Chinese Medical Doctor. Currently Dr. Xu is on the faculty of Alhambra Medical University and has his a private practice in San Gabriel CA.

Dec. 15 Treating Hypertension with TCM 1pm - 5pm, 4 CEUs

Hypertension affects 1 in 4 American adults, and is a major risk factor for stroke, myocardial infarction (heart attack), heart failure, aneurysms of the arteries, peripheral arterial disease, and is also a cause of chronic kidney diseases. In this class students will learn the hypertension treatment with TCM modalities, including acupuncture and herbs, which proved to be very effective by many recent studies. Students will also learn the integrative treatment using both western medicine and TCM to help patients get their hypertension under control.

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